ISLAMIC PARENTING 101

My 30-Day Salah Tracker

Color a box for every prayer you pray. Watch your habit grow, in sha Allah!

Name: _____ Month: _____

	Fajr	Dhuhr	Asr	Maghrib	Isha
Day 1					
Day 2					
Day 3					
Day 4					
Day 5					
Day 6					
Day 7					
Day 8					
Day 9					
Day 10					
Day 11					
Day 12					
Day 13					
Day 14					
Day 15					
Day 16					
Day 17					
Day 18					
Day 19					
Day 20					
Day 21					
Day 22					
Day 23					
Day 24					
Day 25					
Day 26					
Day 27					
Day 28					
Day 29					
Day 30					

"The most beloved of deeds to Allah are those done consistently, even if small." (Sahih al-Bukhari) · From Hearts Before Habits by Tabasum Majeed